



Phil Russotti Press Release Content

Distinguished New York Trial Attorney and Author Donates Book Proceeds to NYU Cancer Research Center

Attorney Phil Russotti Donating the Proceeds of His Latest Work, “The Essential Rules of Love” to NYU Cancer Center in Honor of Late Wife

August 5, 2022, New York: Phil Russotti, author and distinguished New York trial attorney, released his latest book, *The Essential Rules of Love* in February of this year. Russotti is donating all proceeds from the book to the NYU Cancer Center in honor of his late wife Susan, who he lost to ovarian cancer in 2017.

The Essential Rules of Love: A Practical Guide to Creating a Harmonious, Healthy, and Happy Relationship, distills love and relationships into their component parts, including psychological, chemical, neuroscientific, and evolutionary factors from both a functional and pragmatic approach. It was named a runner-up in the “How-To” category of the New York Book Festival.

Russotti has been a distinguished trial attorney in New York City for more than 40 years, concentrating on medical malpractice. In his career, he has mastered new subjects, usually in the sciences, through reading, research, and speaking with experts. In preparation for writing *The Essential Rules of Love*, he transitioned these adept research abilities to the subject of love and relationships.

“My ten-year relationship with my late wife, Susan, helped me discover what was needed to make a relationship work successfully, following two prior marriages that ended in divorce. After Susan

passed away in 2017, I applied those abilities and life experience to the subject of love and relationships to write this book.” -Phil Russotti

The book is available for purchase on Phil’s [website](#), and all large online retailers.

About The Essential Rules for Love

The book begins with an examination of what love really is-so we can keep it once we've found it. Each chapter explores the process of love and scrutinizes the basic influences on the development, creation, and maintenance of a strong, positive relationship. You'll learn the emotional and psychological benefits of having a loving partnership and learn to navigate the pitfalls surrounding sex. This book also provides easy-to-understand guidelines, concrete advice, and a road map on how to put the underlying philosophical, scientific, and psychological principles into action, crystallized into ten "Do's and Dont's" for quick reference. The book is available for purchase [here](#).

About Phil Russotti

Award-winning attorney and author Phil Russotti is the author of two books, The Essential Rules of Love and Stella and Her Magic Wand, named for his granddaughter. He has been recognized by his peers as a Super Lawyer every year since 2007, an honor which represents true recognition of accomplishment in the field by one's peers. In 2014, he was inducted into the N.Y. Law Journal/ ALM Medical Malpractice Hall of Fame. This recognition was due to his obtaining 3 of the top 25 highest verdicts/settlements in medical malpractice cases in the past 5 years in NY State. Only 17 firms were recognized and only one other attorney had 3 cases within the top 25. Phil lives in Brooklyn, New York. He has three sons and four grandchildren. Learn more about Phil [here](#).

About NYU Langone Health

NYU Langone Health is one of the nation’s premier academic medical centers. Our trifold mission to serve, teach, and discover is achieved daily through an integrated academic culture devoted to excellence in patient care, education, and research. Discover more about their mission [here](#).